Date: March 7, 2025



FRIDAY HUDDLE

A gathering of Oregon nursing workforce leaders to offer timely updates and share insights from peers and stakeholders.

Nursing Workforce

Daylight Savings Time and Cardiac Issues: This Sunday marks <u>the annual process of turning clocks forward</u>. However, research suggests that daylight savings has been linked to an <u>increased risk of cardiac complications</u>, including heart attacks.

Online Journal of Nursing Workforce: The National Forum of State Nursing Workforce Centers launched <u>its new peer-reviewed journal this week</u>. The journal is the first to focus entirely on the American nursing workforce, convening expertise, supporting research, and exploring nurse-forward strategy. In addition, OCN Executive Director Jana Bitton serves on the editorial board.

National Compassionate Caregivers of the Year: Do you know a particularly outstanding nurse or caregiver? The Schwartz Center seeks nominations for its annual National Compassionate Caregivers of the Year Award. Nominations are due March 14 and can be submitted-through-the-organization's website.

Help Recognize Nurse Well-Being: Mark your calendars for the Health Workforce Well-Being Day on March 18, 2025. This national day of recognition celebrates the pursuit of improved health workforce well-being and care outcomes. Or continue your professional development with the newly established ANCC Well-Being Excellence credential for nursing professionals.

Nursing Education

Collaborating to Create Educational Opportunities: Huddlers discussed the current state of clinical placements for nursing students and how to support practicing nurses in continued education. Healthcare systems, including Salem Health, have reported increasing clinical placement requests. However, some new graduates are entering the workforce with limited acute care clinical experience. Nursing programs across the state commonly offer a mix of settings, including at least 1-2 semesters in acute care. Huddlers agreed that schools and healthcare facilities need strong partnerships between them. We also discussed the need for skill development after a formal degree program. To accomplish this, some healthcare facilities are working with local nursing programs to utilize campus skills labs for continuing education. Attendees also stressed the importance of confidence-building and fostering a culture where nurses feel safe seeking help.

Events and Happenings

Upcoming Nursing Conference: Join the Oregon nursing community for one or more exciting upcoming learning opportunities. You can also <u>submit your event to the OCN Event Calendar</u> to help spread the word.

- NurseLearn Community-Based Care Conference on March 21, 2025
- Nurse Practitioners of Oregon Pharmacology Conference on April 5, 2025

Next Friday Huddle:

Find OCN Online:

Friday, March 14, at 8:00 a.m.

www.oregoncenterfornursing.org







Register Here!