

Date: December 20 2024 FRIDAY HUDDLE

A gathering of Oregon nursing workforce leaders to offer timely updates and share insights from peers and stakeholders.

Reminder: There is no Friday Huddle next Friday, December 27, to allow our community time to enjoy the holiday season. We hope you will join us on Friday, January 3, for our next regularly scheduled call. Happy holiday from the entire OCN team!

Nursing Workforce

Supporting Each Other During the Holidays: While the holiday season often brings people together, <u>loneliness and social isolation</u> are still risks during this time of year. The Substance Abuse and Mental Health Services Administration (SAMHSA) shared <u>strategies for supporting</u> your mental and emotional well-being during the holidays.

Grant Application Reviewers Still Needed: The Oregon Health Authority (OHA), in partnership with Oregon Health & Science University and the Oregon Health Policy Board, is still looking for application reviewers for its HOWTO Grant Program. The grant program supports training initiatives that "address identified local health care workforce shortages and expand the diversity of the health professional workforce." Learn more and apply.

Hospital Staffing Law Updates: The Oregon Health Authority has introduced additional resources on hospital staffing guidelines, including FAQ documents and explainer videos. <u>The latest information is available on the OHA website</u>.

New OSBN Newsletter: The Oregon State Board of Nursing launched its new monthly email newsletter! <u>Click here to read this month's issue</u>, which includes new insights into nursing delegation, wellness resources, and more. If you have not already signed up for the OSBN mailing list, <u>click here to register your email address</u>.

Engaging Nurse Preceptors: Huddlers explored the ongoing need for clinical placements and the nurse preceptors who make that availability possible. Several states are piloting innovative solutions to recruit, retain, and support preceptors. For instance, Hawaii provides tax credits for APRN preceptors, while Washington offers stipends through its <u>Student Nurse Preceptorship Grant</u>. Huddlers discussed similar initiatives that could be used in Oregon, such as implementing financial incentives or continuing education (CE) credits for preceptors. Organizations such as <u>OHSU</u> and Samaritan Health have developed internal learning curricula. Third-party material also exists, such as Mosby's Preceptor 3.0 and courses provided by nursing professional organizations, including the <u>American Association of Critical-Care Nurses</u>. Other strategies brainstormed on the call included tailoring preceptor/patient assignments to individual needs, fostering collaboration through quarterly statewide calls, providing employer-paid stipends or differentials, and addressing challenges like participation outside regular work hours. Huddlers also recognized that creating a supportive work environment by <u>addressing incivility and workplace bullying</u> is critical for sustaining preceptor involvement.

Next Friday Huddle:

Friday, January 3, at 8:00 a.m. Register Here!

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