

Nurse Wellness: An Organizational Imperative

May 23, 2023

Salem Convention Center

8:30-9:00 Registration | Poster Session | Coffee/Danish

Get settled, speak with our project awardees, and find a seat.

9:00-9:10 Welcome

Jana Bitton, MPA

Welcome message from the Executive Director of the Oregon Center for Nursing.

9:10-9:30 Landscape of Nurse Wellness

Rick Allgeyer, Ph.D.

The healthcare system was shocked by the pandemic, exacerbating deep-rooted workplace challenges directly impacting the well-being of the workforce. The literature provides context to the landscape of organizational culture impacting nurse wellness, and we'll talk about the system-level changes that can improve well-being.

9:30-11:00 Keynote : Healthy Leadership Driving Healthy Culture

Dan Leahy, MA

The field of healthcare is facing an adaptive challenge and nurse burnout is one of its symptoms. This means that "treating" nurse burnout will require engaging the perspectives of the various stakeholders in the field in the often complex and ambiguous work of changing people's values, habits, and beliefs. Explore the role organizational leaders play in addressing this challenge and some practices that may help along the way.

11:00-11:15 Break

Poster sessions and networking

11:15-11:45 Administrative Burden & Professional Practice

Anne Hansen, DNP, RN, ACCNS-Ag, NEA-BC, NPD-BC, CCRN-K

Clinician burnout is an occupational syndrome driven by the work environment. Recent data indicates nurses spend up to half of their time completing clinical documentation and other tasks related to non-patient care requirements. This session will define administrative burden, discuss how administrative burden impacts professionalism, and identify implemented strategies to engage nurses and intentionally minimize administrative tasks, with a focus on optimization of the electronic health record.

11:45-12:15 Redesign Work and Labor Models

Chandra Siim, BSN, RN with Courtney Szper, BSN, RN

Discover how a shared governance model promotes nurse wellness. We will define the unique principles of a shared governance model and review the steps to implement a shared governance model in a variety of professional settings. Lastly, we will describe our experience using a shared governance model at Multnomah Education Service District in the school health services department.



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12:15-1:15 Lunch

Lunch is provided in the hallway.

1:15-1:45 Workplace Well-Being & Safety Infrastructure

Bill Schueler, MSN, RN, CEN, CPPS, WVTS, FAEN

Violence prevention is a complex problem that can be addressed on many different fronts. The healthcare initiatives are many, ranging from education programs to body cameras, with weak evidence of their effectiveness. The current climate addresses the support of caregivers before, during, and after a violent event. Elements of violence prevention also happen outside the workplace. Public policy on the national and state levels are important considerations to address violence in healthcare. We will discuss nurse wellness through the Providence way of violence prevention and the legislative efforts to address workplace well-being through the perspective of the Oregon Emergency Nurses Association.

1:45-3:00 Panel Discussion

Dawne Schoenthal, OCN Program Director

Hear a panel discussion of esteemed professionals whose projects were selected to improve nurse wellness through the OCN Well-Being Grant. Journey through their experience uncovering stressors of nurses in their work environments before diving deeper to unveil the outcomes they hope to achieve through their projects.

3:00-3:30 Closing Remarks

Jana Bitton, MPA

A message of gratitude and reflection on our speakers who bring unique perspectives on the issue of nurse wellness and the projects that provide practical solutions for creating a healthier work environment.

3:30-4:00 Certificate Distribution

Oregon nurse license holders are eligible to receive four contact hours for this event. Please pick up your certificate at the registration table after the closing remarks. Provider approved by the California Board of Registered Nursing, Provider Number CEP17790, for 4.0 contact hours

